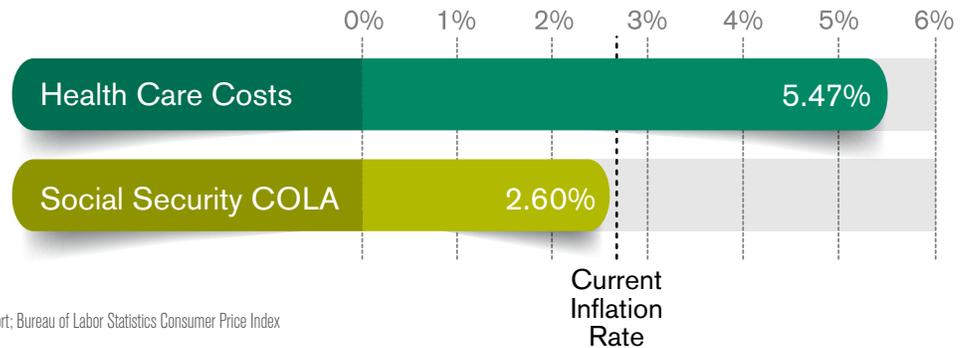


Will Health Care Costs Break Your Retirement?

Planning Is Critical

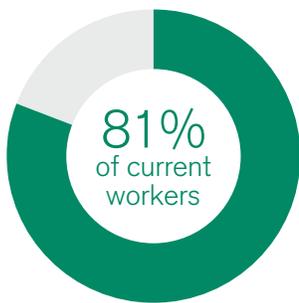
Health care costs are forecast to grow faster than Social Security's cost of living adjustment (COLA).

Projected Annual Increase Over the Next 10 Years



Sources: HealthView Services 2017 Retirement Health Care Costs Data Report; Bureau of Labor Statistics Consumer Price Index (inflation) data as of August 2018.

Health care expenses may come as a surprise.



haven't calculated how much they'll need to pay for health care in retirement.

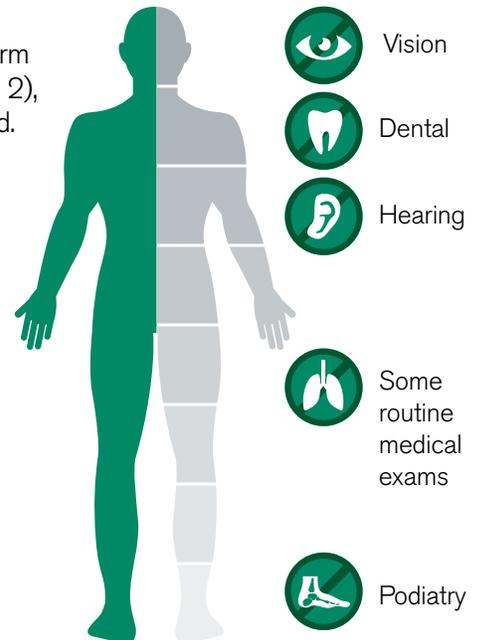


say that they've already spent more on health care than they expected.

Source: 2018 Retirement Confidence Survey, Employee Benefit Research Institute.

Medicare won't pay for everything.

Many routine checkups and care, or long-term care (see Page 2), are not included.



Source: Medicare.gov.

An average 65-year-old married couple retiring today may pay:



\$404k

for retirement health care costs*

*Includes all average expenses not covered by Medicare, such as additional premiums for Medicare Parts B and D, supplemental insurance, deductibles, copays, and costs for hearing, vision and dental care.
Source: HealthView Services 2017 Retirement Health Care Costs Data Report.

Women may spend more on health care in retirement.



2
+ 2
= 4

Husbands are 2 years older than their wives, on average.

Life expectancy for women is 2 years longer than men.

The surviving female spouse may live an additional 4 years in retirement.

Sources: Social Security Administration Life Expectancy Calculator, U.S. Census Bureau, Current Population Survey, 2016, HealthView Services 2017 Retirement Health Care Costs Data Report.

Plan for Long-Term Care in Addition to Health Care

Long-term care vs health care:

Long-term care includes medical and non-medical services for those who can no longer care for themselves.



Assistance with routine daily activities due to chronic conditions or disability



Includes care at home, a nursing home or an assisted living facility

Long-term care costs add up quickly.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
\$253	\$253	\$253	\$253	\$253	\$253	\$253



\$1,771 per week
= \$7,698 per month
\$92,376 per year

Source: Private room in a nursing home facility, LongTermCare.gov.

Will you need long-term care?

A 65-year-old today has a
69% chance
of needing long-term care services at home or in a facility, for an average of
3 years.

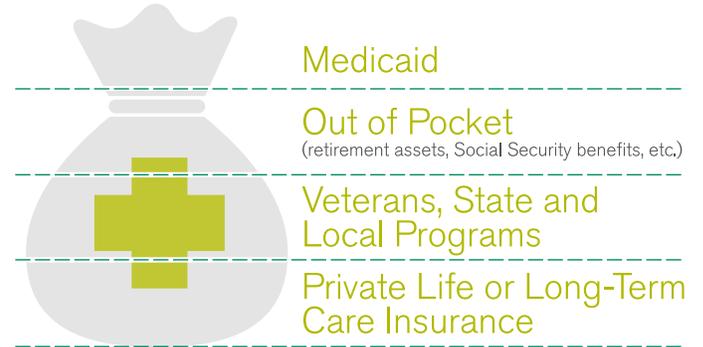


Source: LongTermCare.gov.

Who pays?

Don't count on Medicare for regular long-term care.*

Top sources of long-term care funding:



*Medicare will pay for long-term care if rehabilitative care or skilled services are required.

Source: Medicare.gov.

The Bottom Line

Understanding Medicare benefits and planning for potential health care costs can give you a better chance of making your retirement money last.

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